



Return to Training Agreement 2021 Post COVID-19 Lockdown

I confirm that I have read the clubs 'Return to Training' documents, including the webpage and it's content issued to each returning athlete's parent or guardian. This document confirms that you are aware of all Scottish Government, Scottish Athletics and Nairn AAAC guidance on post COVID-19 training. Further advice can be obtained directly from the club via email (nairnathleticclub@gmail.com) or by the clubs named COVID co-ordinator Nick Stone (covid@naaac.co.uk)

■ Key Points:

Athletes must only attend the Maggot at the dates and times agreed between the athletes/parent/guardian and the the club. Training initially will be by invitation only.

Athletes must NOT attend training if they have not completed the 'Google Form' one hour before training, and athletes will be turned away if this has not been completed.

Athletes should ensure that all Scottish Government guidance is followed when traveling to/from training, and when arriving at the Maggot. Only during training, are physical distancing guidelines relaxed for 12 - 18's.

They must sanitise their hands using the clubs or their own personal sanitiser before entering the Maggot gate. This should also be carried out when leaving the Maggot

As always, athletes should always follow any instructions or guidance from any NAAAC coaches, volunteers and helpers.

A register will be taken and details passed on to NHS Scotland Test and Protect if requested by the NHS, Public Health Scotland or Scottish Athletics.